



ARMOUR

Handpicked elite military and intelligence cybersecurity veterans

ARMOUR

NOT FOR  (their) PROFIT

How to prepare for an inevitable cyber-attack

Today:

- **get your order in**
- **evolving threat landscape**
- **cyberattacks explained**
- **defences & tools to defend your practice**
- **how to elevate your cybersecurity**

Rx:

military | intelligence | consulting

offices in:

USA | Canada | Mexico | Israel

cyber **ADVISORY**

cyber **PROFESSIONAL**

services

cyber **BREACH**

cyber **MANAGED**

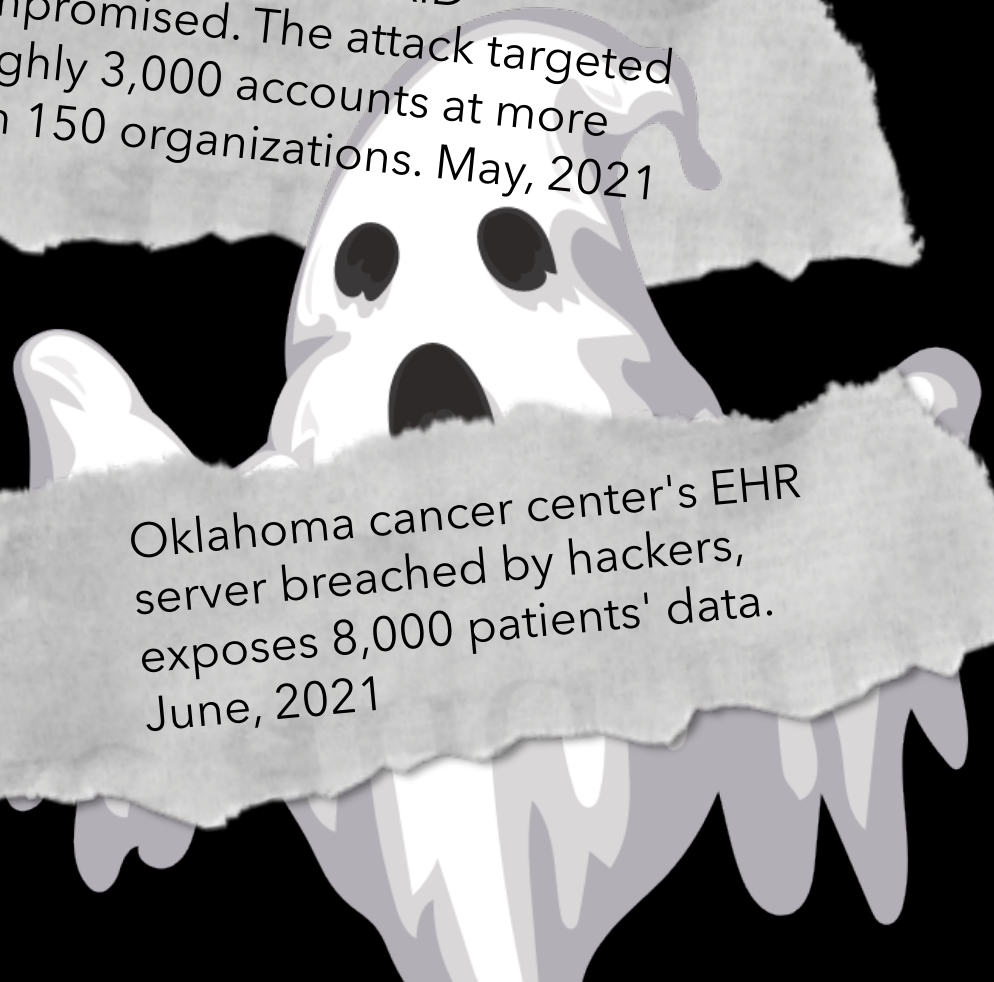
Horror Stories...

Colonial Pipeline Ransomware.
East Coast was days away from
major interruptions. May, 2021

Blackbaud - major data
breach. Affected many in the
non-profit sector. July, 2020

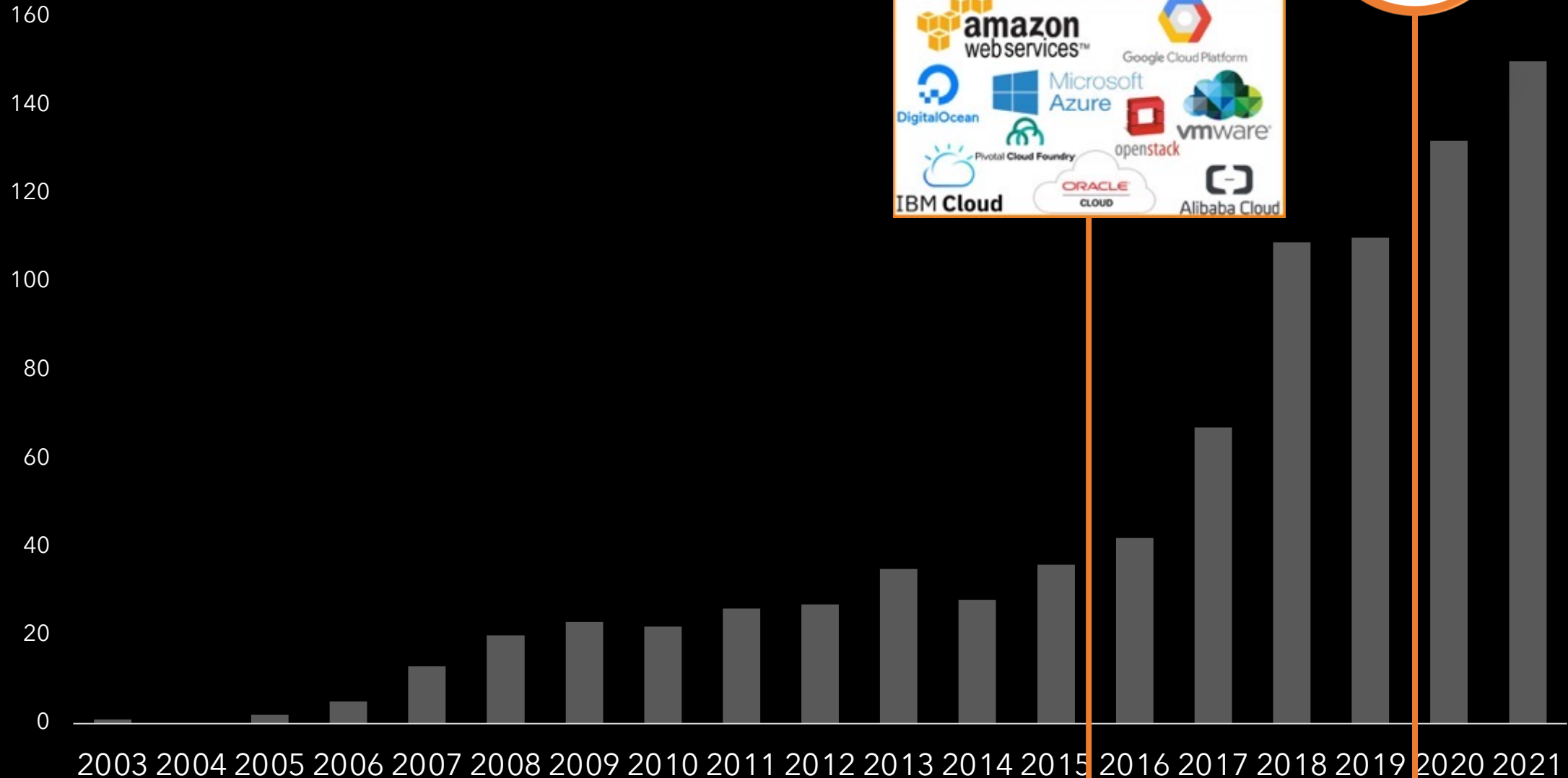
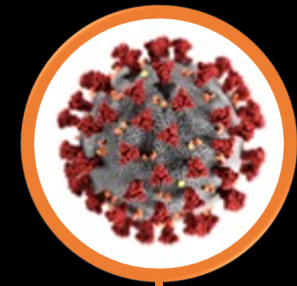
Constant Contact USAID
compromised. The attack targeted
roughly 3,000 accounts at more
than 150 organizations. May, 2021

Oklahoma cancer center's EHR
server breached by hackers,
exposes 8,000 patients' data.
June, 2021



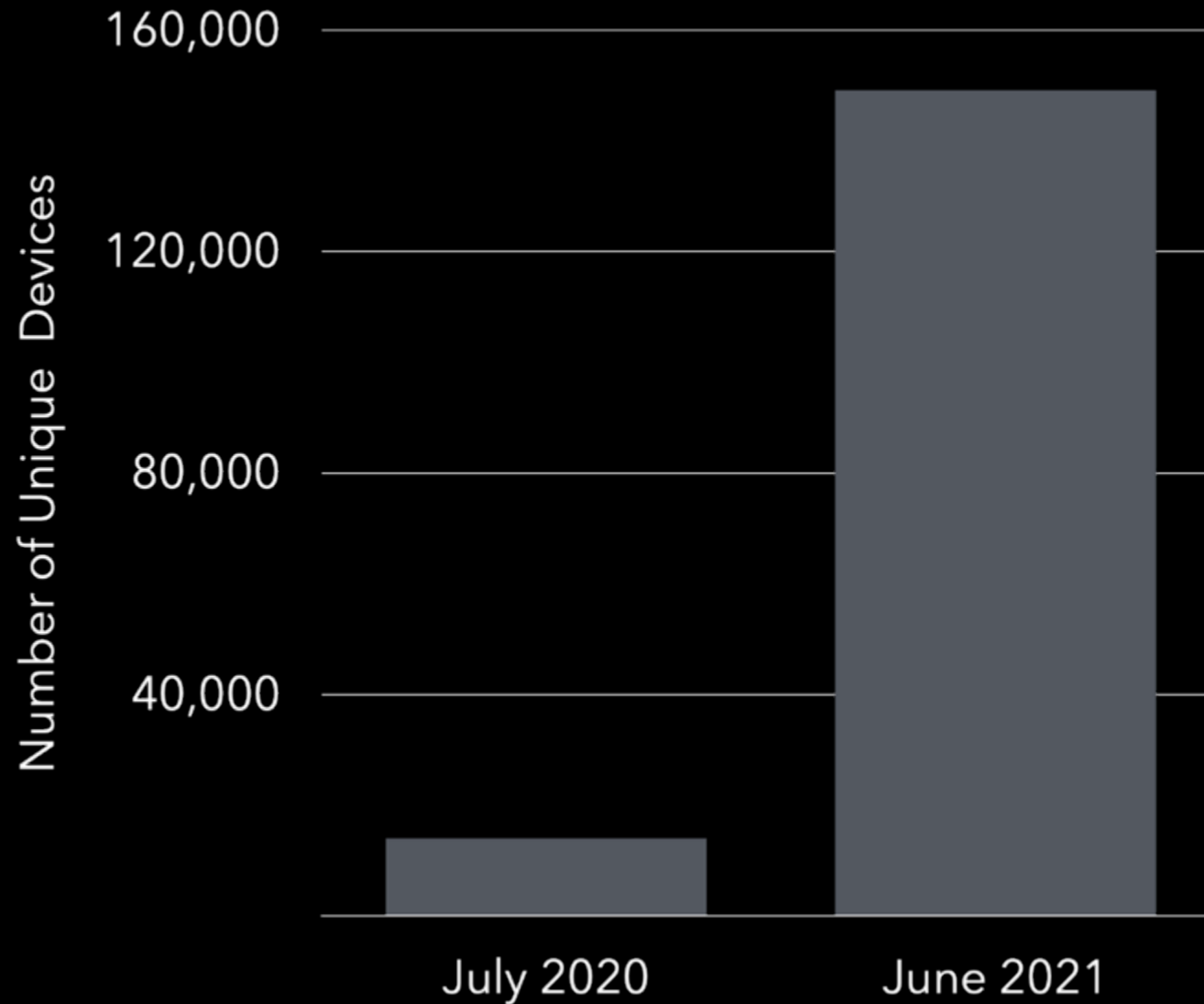
Increased Criminal Activity

Number of significant cyber incidents since 2003



Zoom-in on Increased Activity

Cyber Attacks (weekly average)



The Main Drivers for the Increase

**Accelerated
Digital**

**Attack's
ROI**

**Cybersecurity Experts
Shortage**

Work From Home

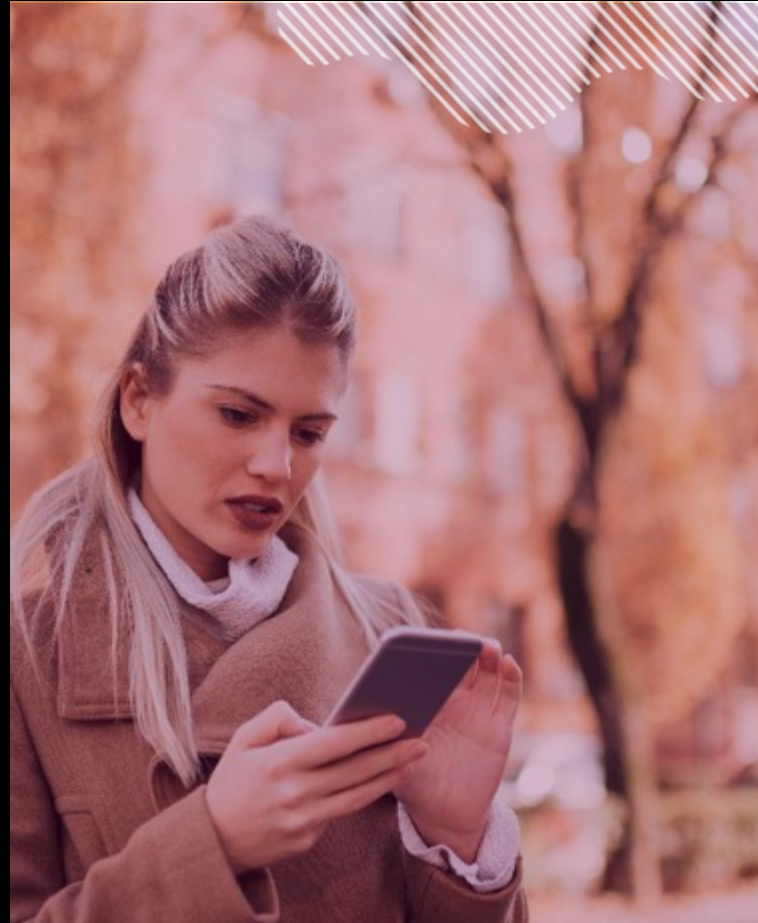
+ Nation-states

+ Volunteers

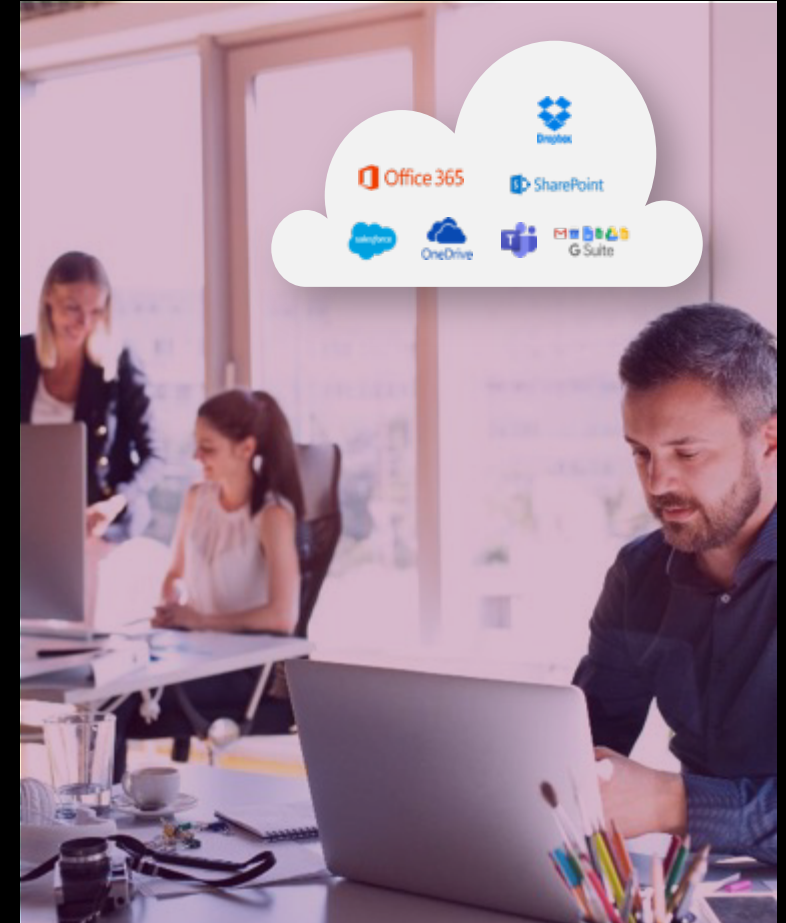
Your People Expect



Work anywhere

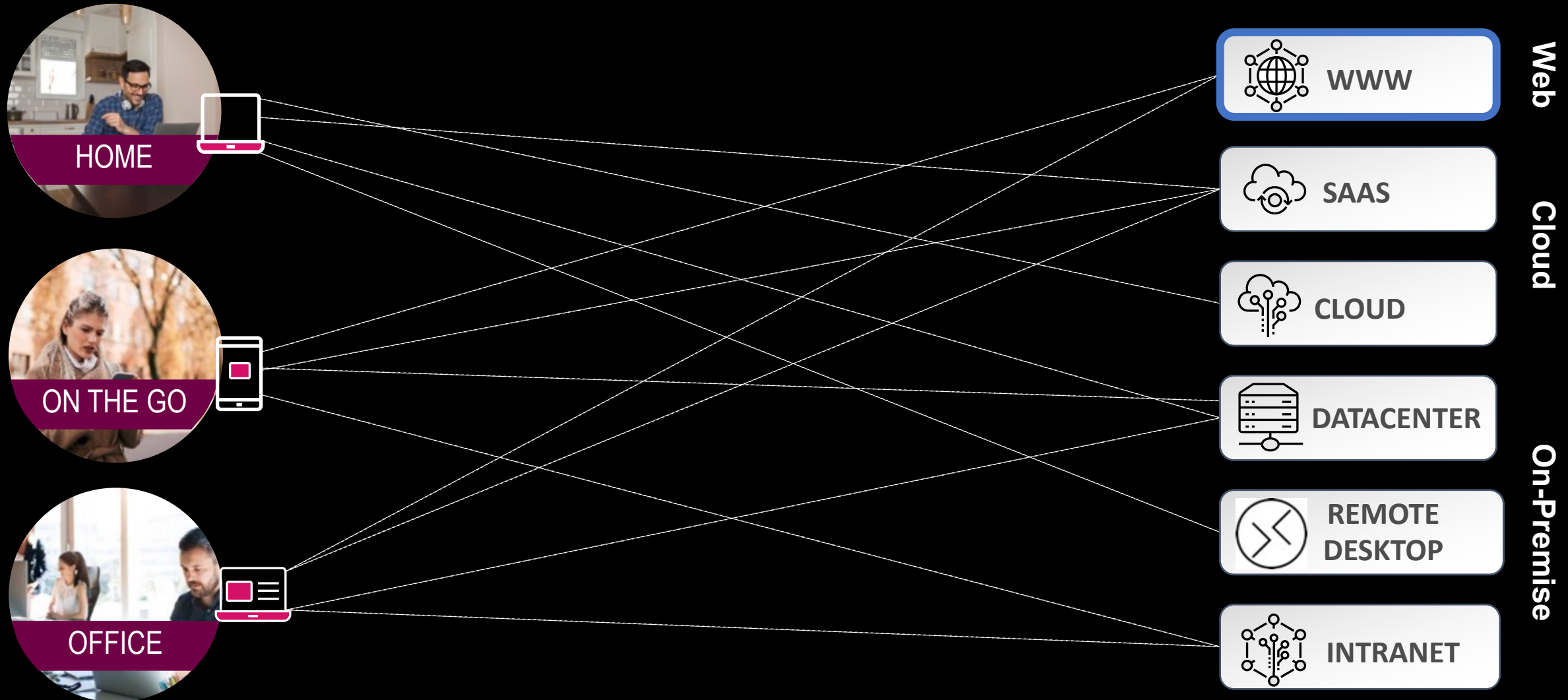


Use every device



Access any application

In The New World We Want To Use Any Device To Access Any Application



1 of 5 businesses suffered an impactful breach

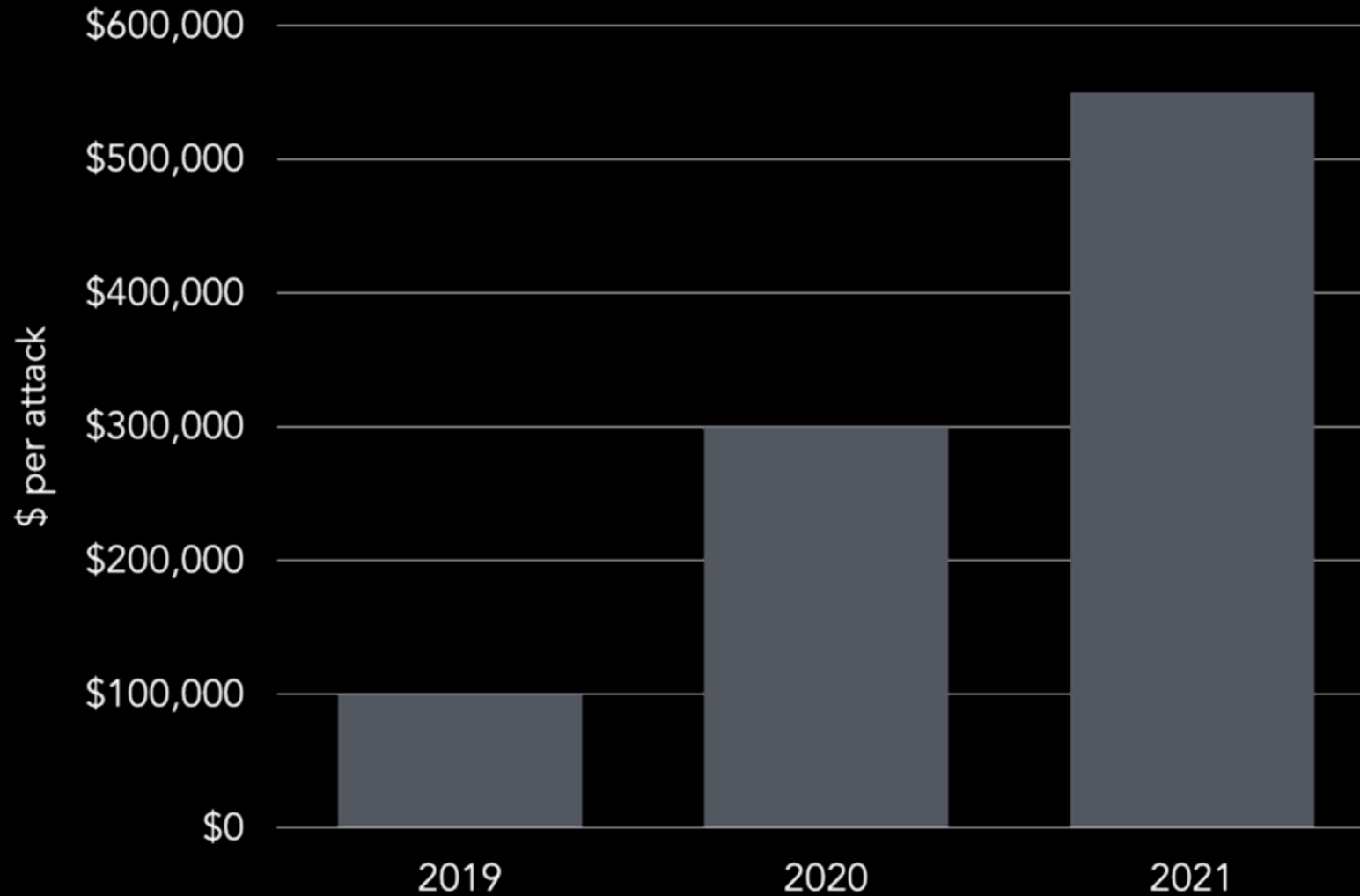
every **39** seconds a business is hacked

Weeks of downtime. Many SMBs do not recover

21% of North American foundations reported a security breach in the preceding two years.

31% of all nation-state notifications that we send out to organizations go to nonprofits. (MSFT)

Average Ransom Payments



Cybercrime Damages

2021

\$2 Trillion

2025

\$11 Trillion

** Cybersecurity Ventures*

What Are You Most Afraid of?

General Population

1. Pandemics and infectious diseases
2. Climate Change
3. Terrorism and New Security Threats
4. Cybersecurity Risk
5. Social Discontent and Local Conflicts

Risk Experts







1. Cybersecurity Risk
2. Climate Change
3. Pandemics and infectious diseases
4. Social Discontent and Local Conflicts
5. Geopolitical Instability

Breach Business Impact

short term

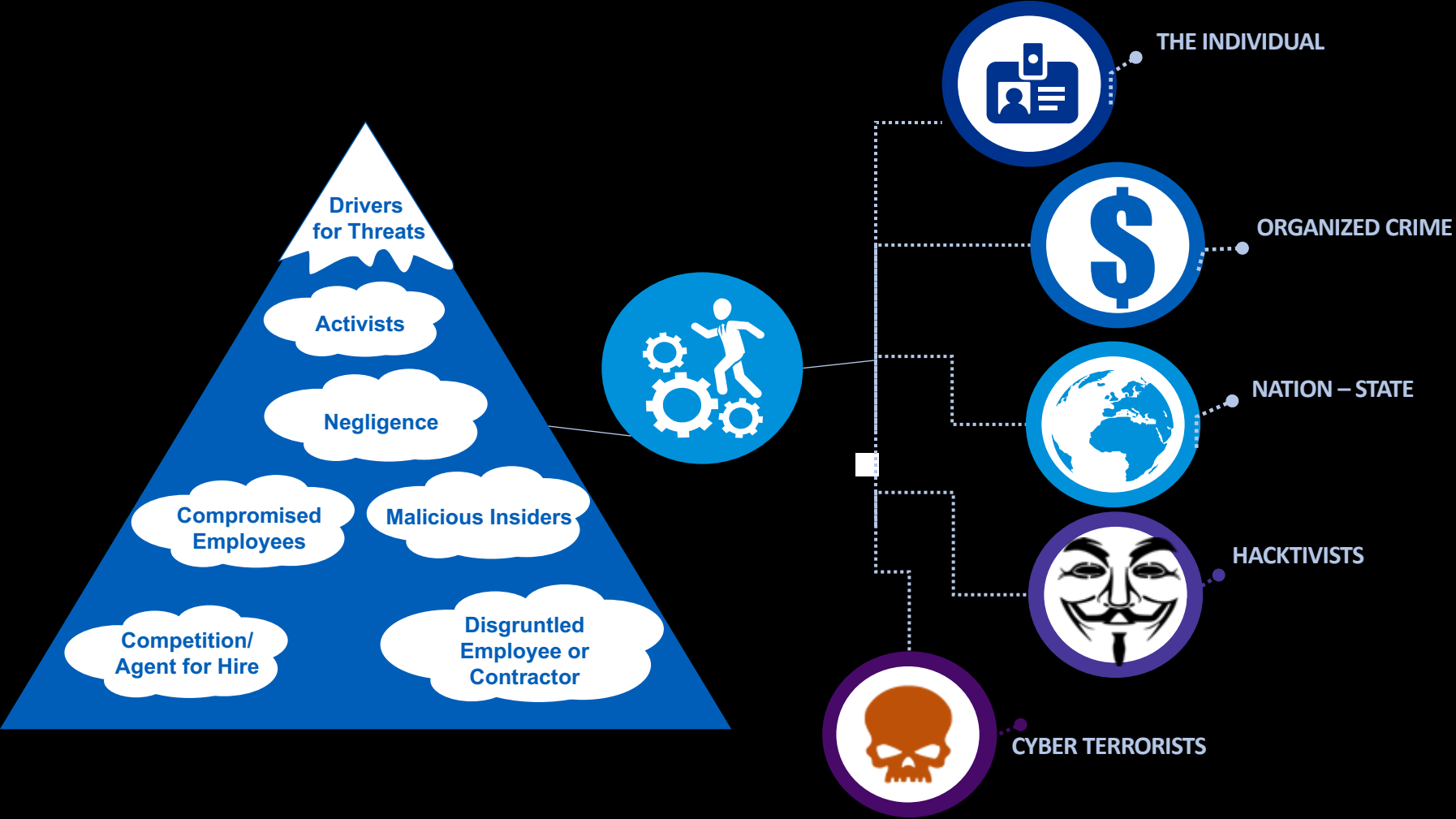
medium term

long term

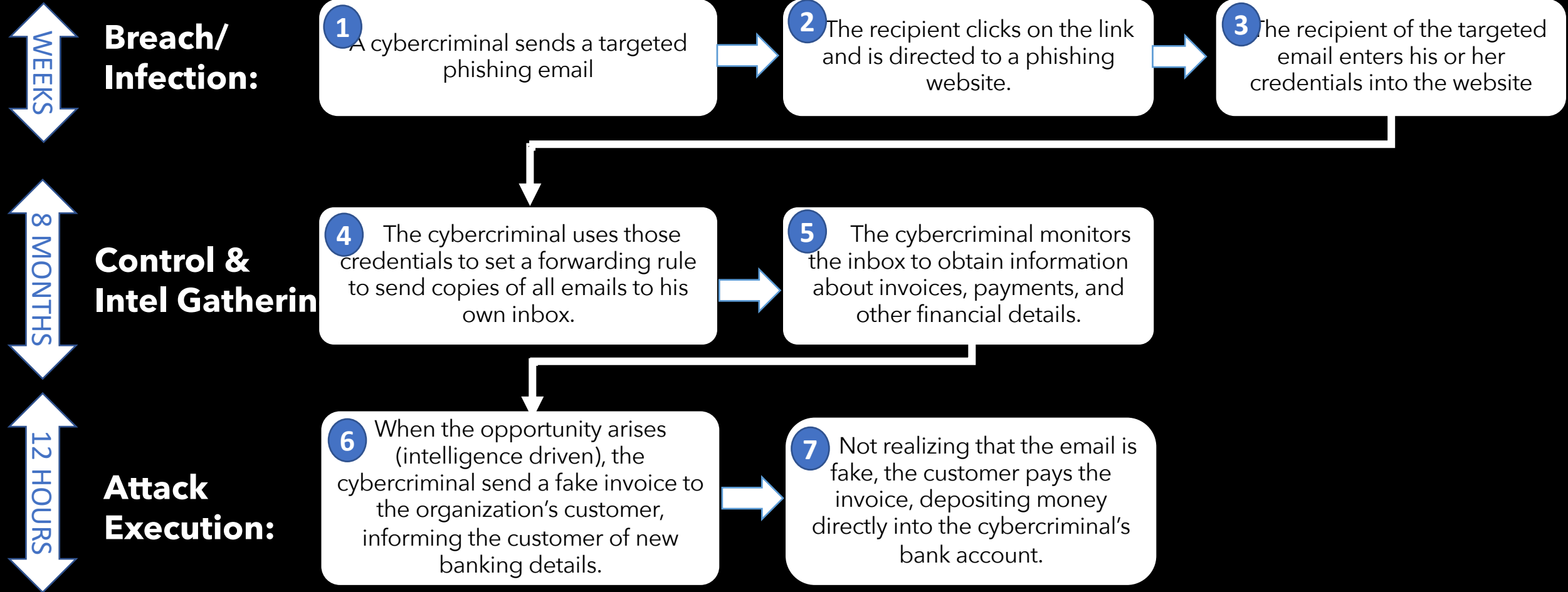
	short term	medium term	long term
Direct costs	<p>Consultant fees</p> <p>Cyber ransom and extortion losses</p> <p>Financial theft</p> <p>Insurance excess</p> <p>Staff response (overtime)</p> <p>Staff response costs (contracting external staff)</p> 	<p>Changes in cyber security practices</p> <p>Compensation/discounts</p> <p>Complaints (external)</p> <p>Fines</p> <p>Investigation (external)</p> <p>Legal</p> <p>PR/marketing activities (external)</p> <p>Recruitment costs</p>  <p>Third party liability</p>	<p>Credit rating/insurance premiums</p> <p>Cyber security improvements</p> <p>Investment/donor/funding loss</p> <p>Staff costs (long term)</p> <p>Training costs</p> <p>Training costs (external resources)</p> <p>Share value</p> 
Indirect costs	 <p>Containment</p> <p>Data and software loss</p> <p>Intellectual property theft</p> <p>Interruption of staffs' business as usual activities (opportunity cost)</p> <p>T equipment damage</p> <p>Notification costs (authorities)</p> <p>Notification costs (customer)</p> <p>Physical equipment damage (not including it equipment damage)</p> <p>Interruption of service</p>	 <p>Complaints (internal)</p> <p>Investigation (internal)</p> <p>Post-breach customer protection</p> <p>PR/marketing activities (internal)</p> <p>Customers departure</p>	 <p>Customer attrition</p> <p>Cyber security improvements (opportunity cost)</p> <p>Long term productivity</p> <p>Supply chain attrition</p> <p>Training costs (internal resources)</p> <p>Training costs (opportunity cost)</p>

Types of Attacks

Who's Attacking You?



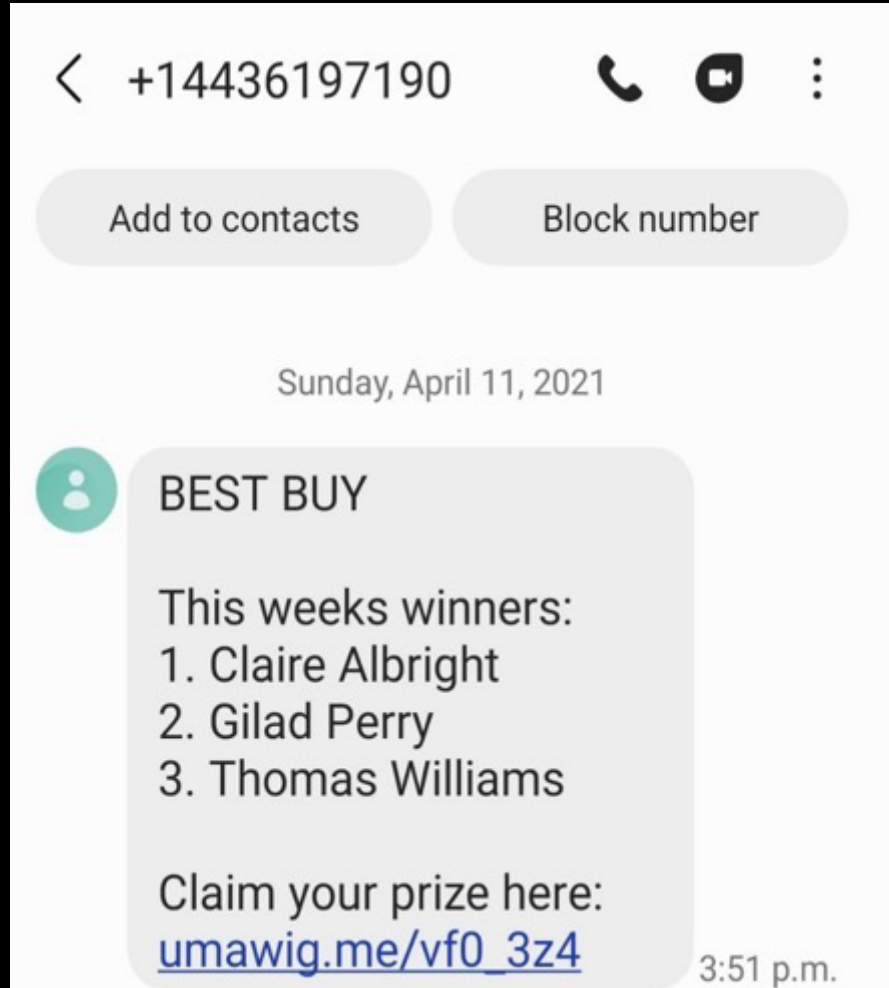
Anatomy of Attack (example)



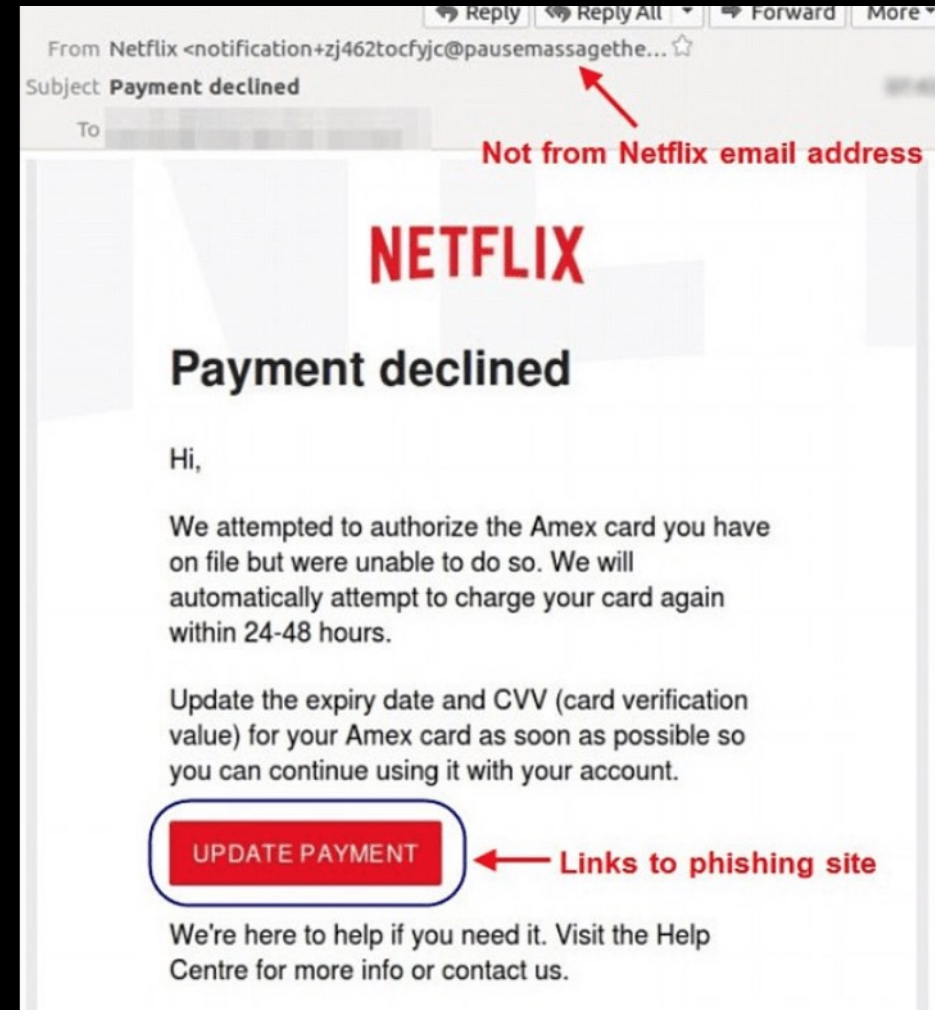
Social Engineering and Phishing

65% of attacker groups used spear phishing as the primary infection vector.

Phishing



SMS



EMAIL

No food for you! You've been phished!

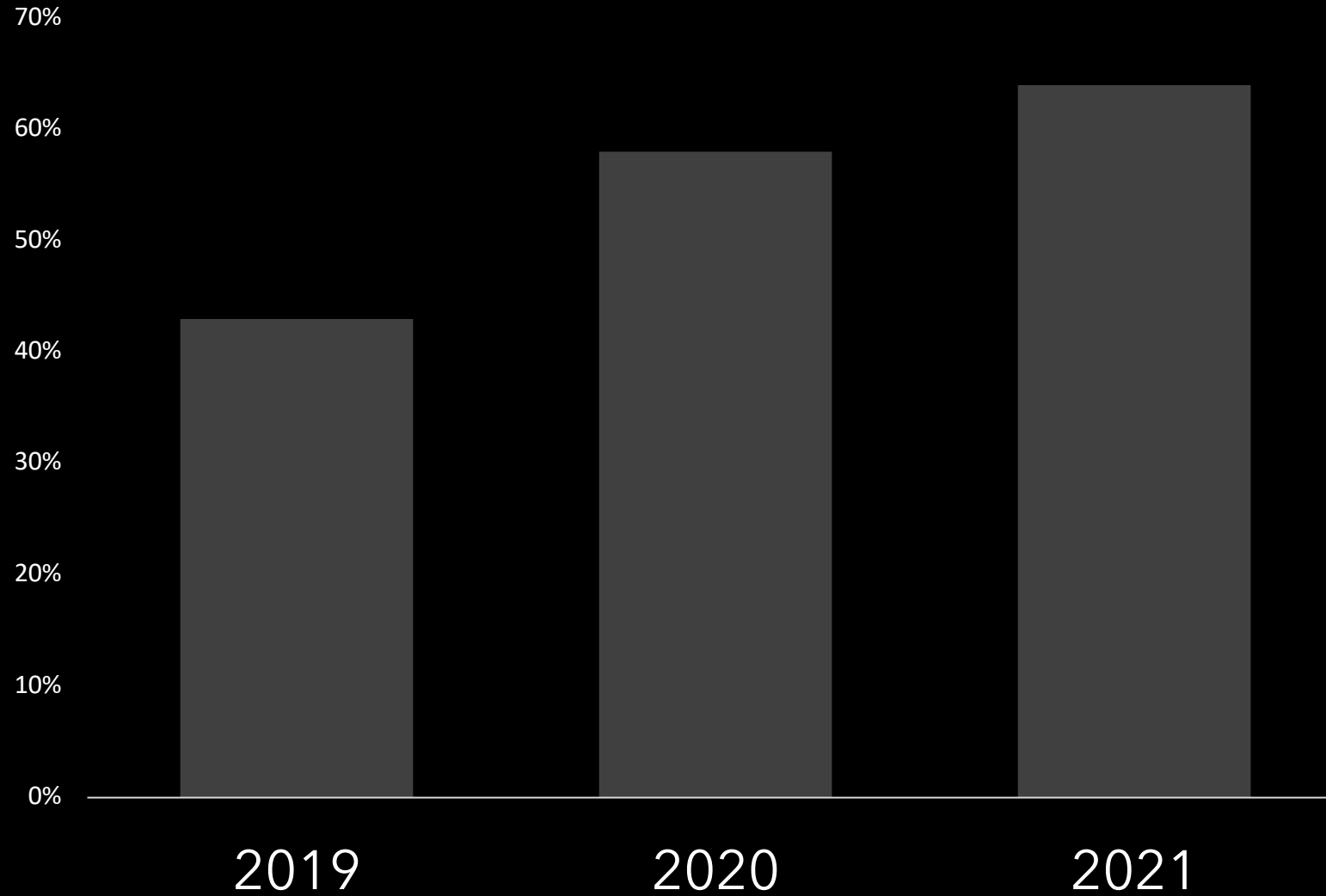
- Establish trust
- The right context
- Sense of urgency
- Leveraging human nature
- Device of choice
- Disarming defenses



SCAN ME

Phishing Is Smarter Now

Campaign Success (Companies Failures)

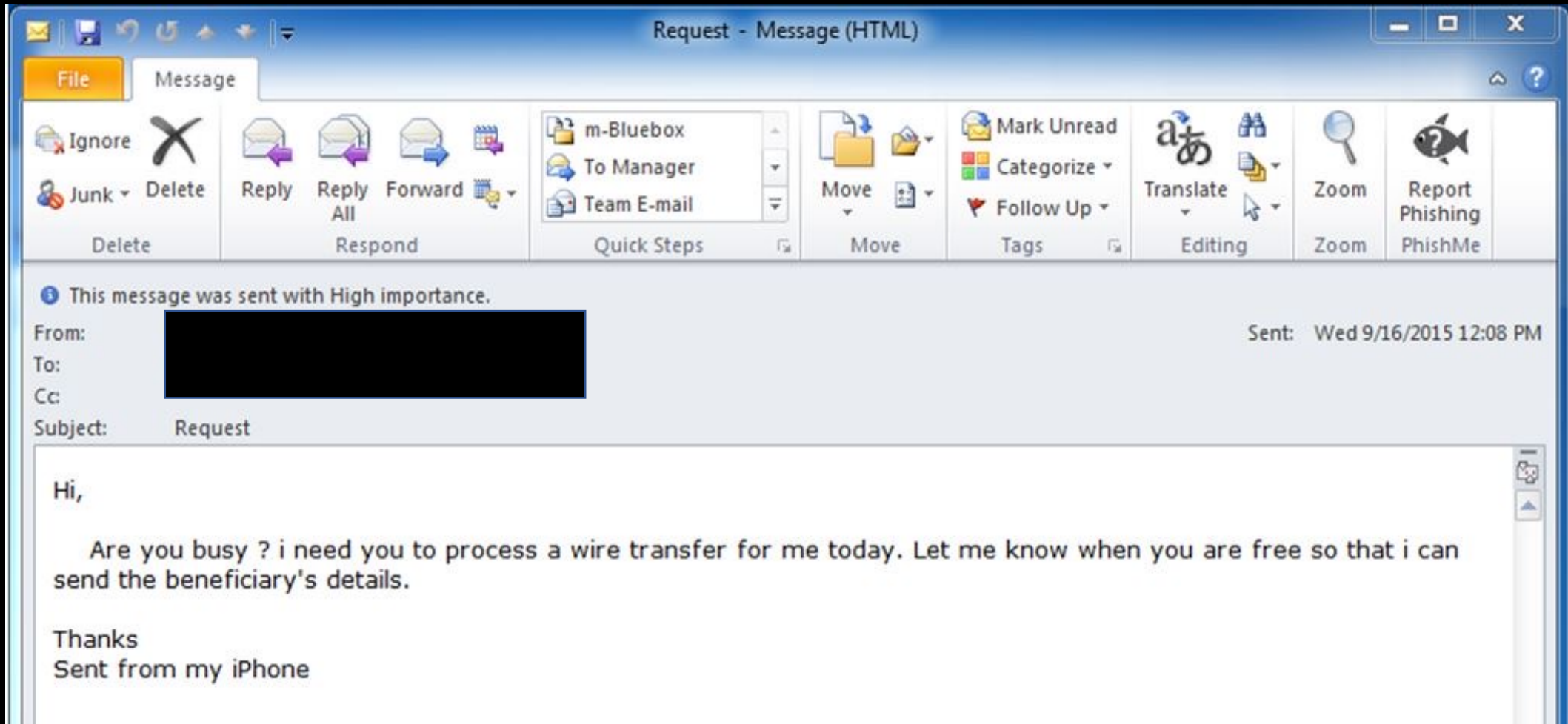


BEC

Spoofting/CEO-CFO Fraud

94% of malware was delivered via email.

BEC/Spoofing/CEO-CFO Fraud



*FBI has estimated losses from such fraud to **4.1 Billion USD***

Email Protection Starts with the Basics

- **Sender Policy Framework (SPF)** - an email authentication method designed to detect forging sender addresses
- **DomainKeys Identified Mail (DKIM)** - allows the receiver to check that an email claimed to have come from a specific domain was indeed authorized by the owner of that domain
- **DMARC** email authentication protocol that give email domain owners the ability to protect their domain from unauthorized use, commonly known as email spoofing

Organization	SPF	DKIM	DMARC
	YES	YES	NO
	YES	NO	NO
	YES	NO	NO
	YES	NO	NO
	YES	NO	NO
	YES	NO	NO
	YES	NO	YES
n	YES	NO	NO
	YES	YES	NO
ui	YES	NO	NO
	NO	NO	NO
	YES	NO	YES
	YES	YES	NOT ENABLED
	YES	YES	NOT ENABLED
	YES	NO	NOT ENABLED
n	YES	NO	NO
	YES	NO	NO
	YES	YES	NOT ENABLED
	YES	NO	NO
	YES	YES	NO
	YES	YES	NO
Philadelphia Bar Foundation	YES	YES	YES
ic	YES	NO	NO
	YES	NO	NO
	YES	NO	NO
	YES	YES	NO
	YES	NO	NO
	NO	NO	NO
	YES	NO	NO
	YES	YES	NO
	YES	NO	NO
	YES	NO	NO
	YES	NO	NO
	YES	NO	NOT ENABLED

Ransomware

40% of spam email contains ransomware (IBM)

Ransomware Attack

Wana Decrypt0r 2.0

Ooops, your files have been encrypted!

English



What Happened to My Computer?

Your important files are encrypted. Many of your documents, photos, videos, databases and other files are no longer accessible because they have been encrypted. Maybe you are busy looking for a way to recover your files, but do not waste your time. Nobody can recover your files without our decryption service.

Can I Recover My Files?

Sure. We guarantee that you can recover all your files safely and easily. But you have not so enough time. You can decrypt some of your files for free. Try now by clicking <Decrypt>. But if you want to decrypt all your files, you need to pay. You only have 3 days to submit the payment. After that the price will be doubled. Also, if you don't pay in 7 days, you won't be able to recover your files forever. We will have free events for users who are so poor that they couldn't pay in 6 months.

How Do I Pay?

Payment is accepted in Bitcoin only. For more information, click <About bitcoin>. Please check the current price of Bitcoin and buy some bitcoins. For more information, click <How to buy bitcoins>. And send the correct amount to the address specified in this window. After your payment, click <Check Payment>. Best time to check: 9:00am - 11:00am

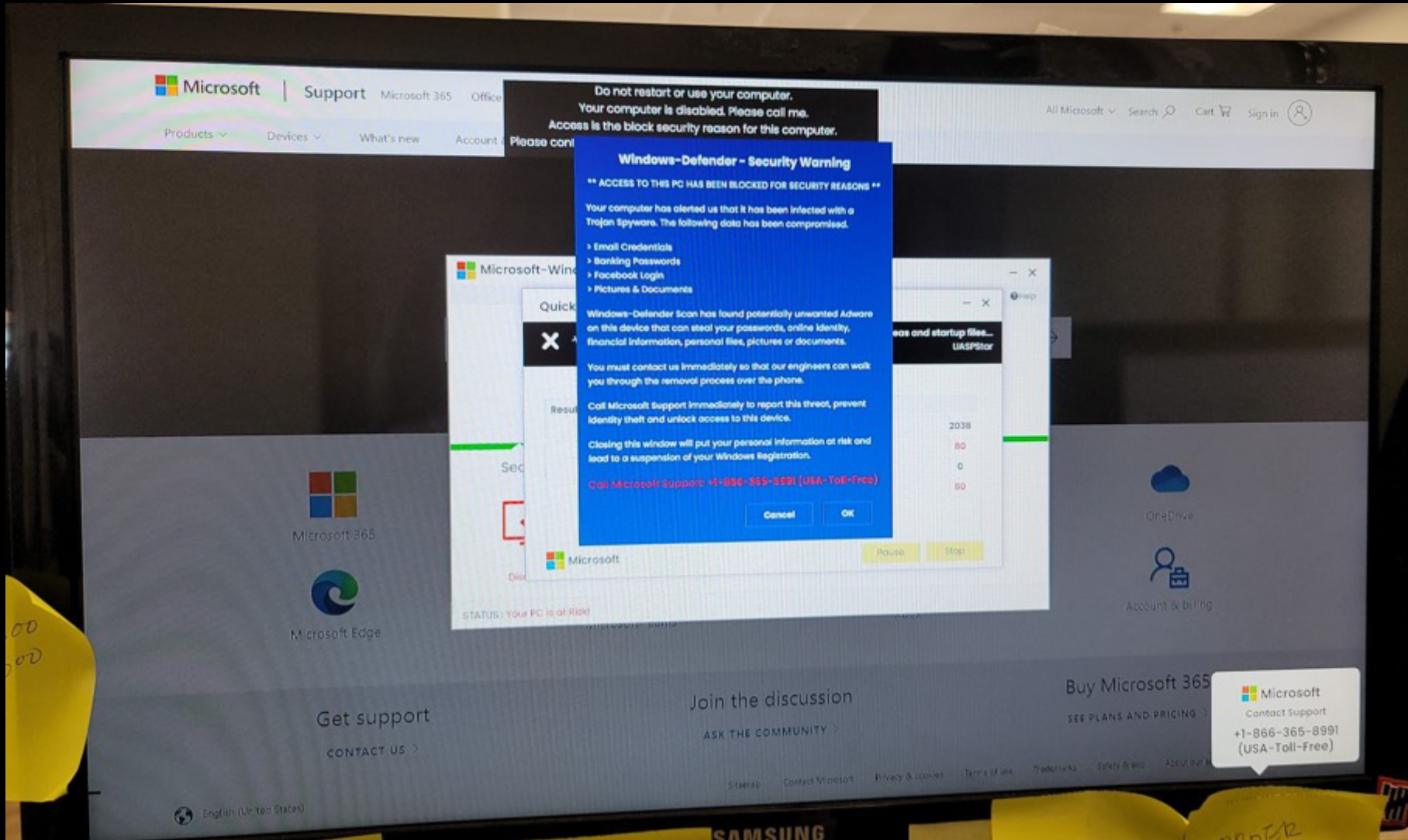
Payment will be raised on
5/16/2017 00:47:55
Time Left
02:23:57:37

Your files will be lost on
5/20/2017 00:47:55
Time Left
06:23:57:37

[About bitcoin](#)
[How to buy bitcoins?](#)
[Contact Us](#)

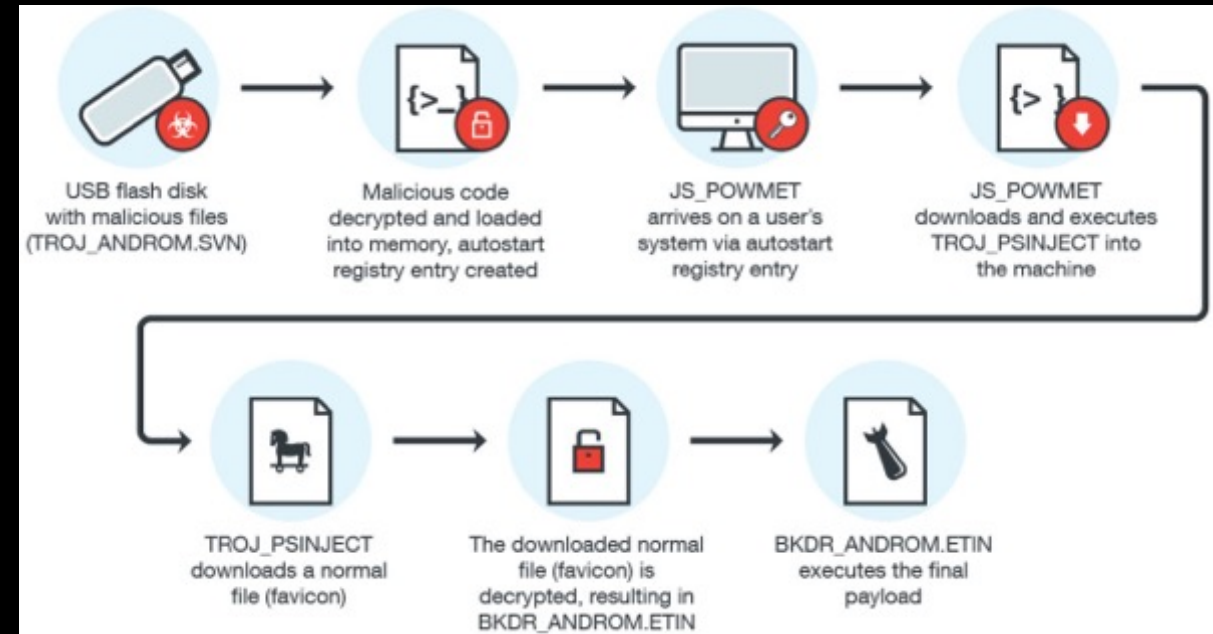
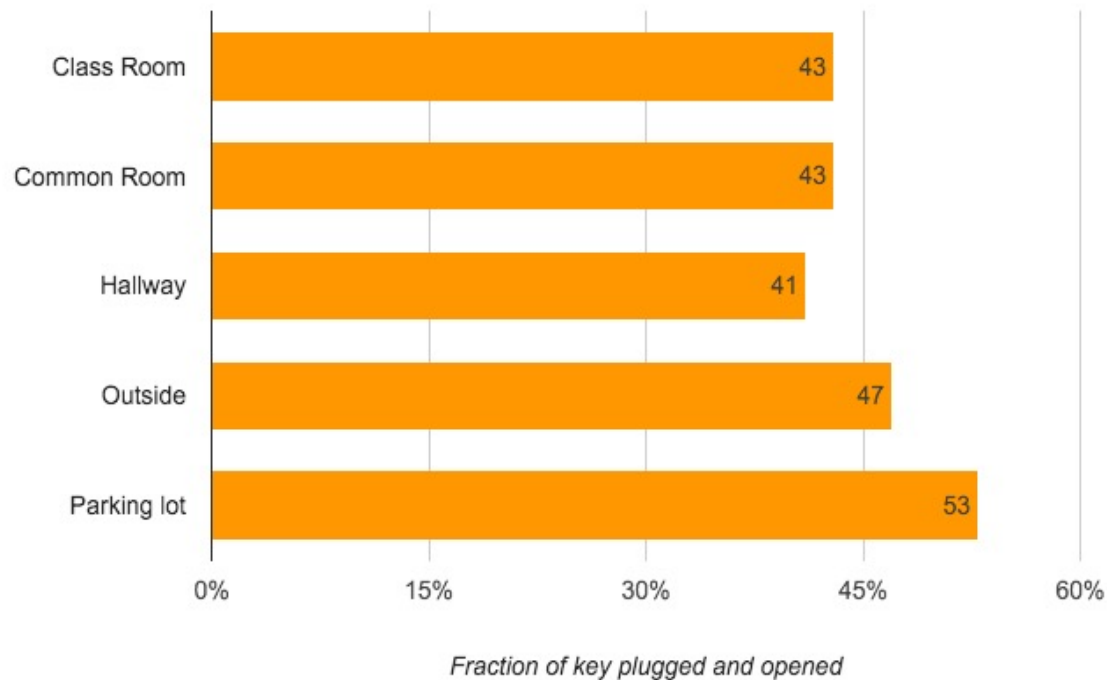
 **Send \$300 worth of bitcoin to this address:**
12t9YDPgwueZ9NyMgw519p7AA8isjr6SMw

Browser Highjack Fraud



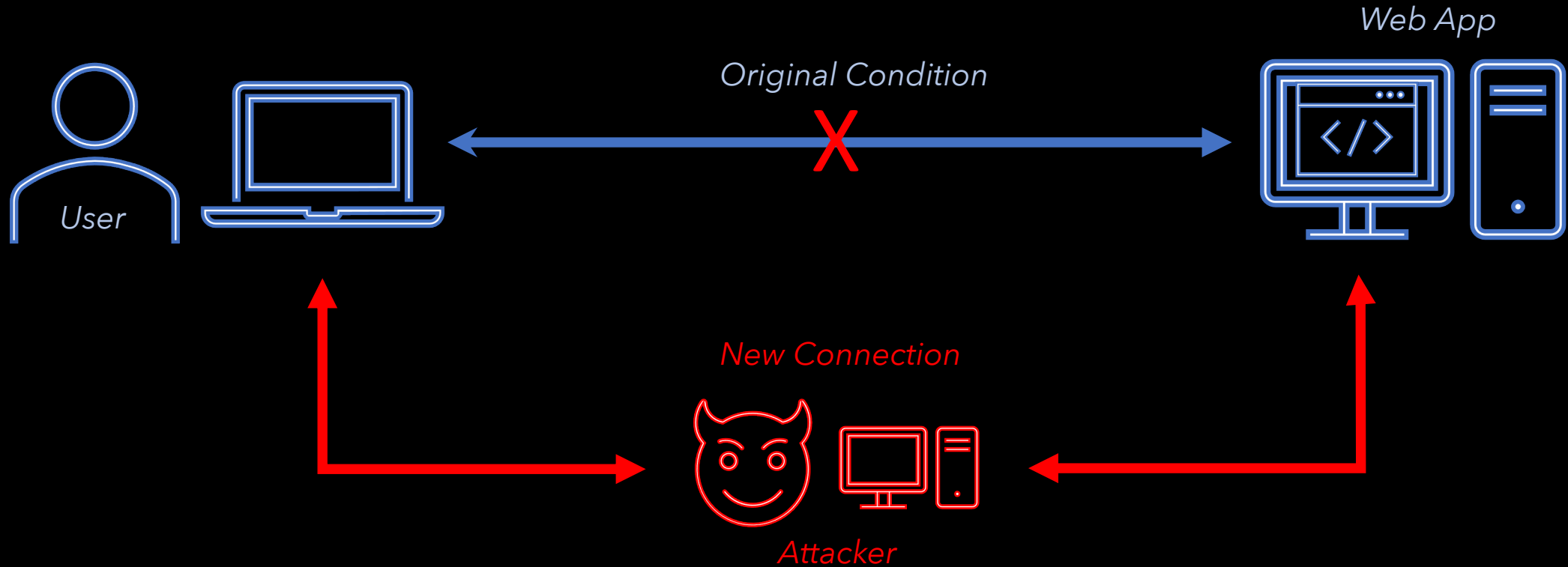
USB Drop

Influence of drop location on opening rate



Unattended USB Devices: Another common avenue how hackers break into organizations

Man in the Middle Attack



A very old attack technique that is still valid today - often seen in public places with "Free" Wifi access

Defending Against Cyber Attacks

Cybersecurity Program Fundamentals

Recover

- Recover Planning
- Improvements
- Communications

Respond

- Response Planning
- Communications
- Analysis
- Mitigation
- Improvements



Detect

- Anomalies and events
- Security Continuous Monitoring
- Detection process

Identify

- Asset Management
- Business Environment
- Governance
- Risk Assessment
- Risk Management Strategy

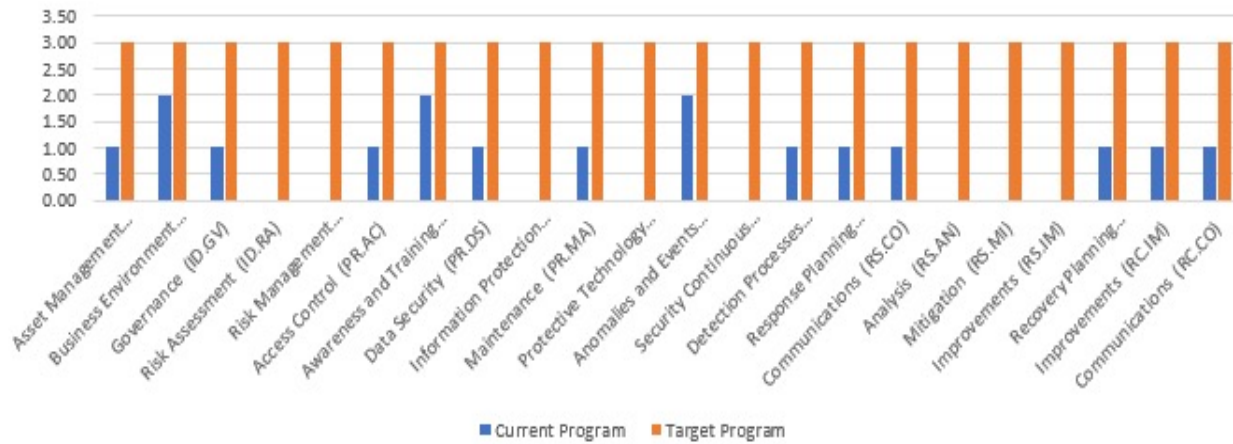
Protect

- Access Controls
- Awareness & training
- Data Security
- Information protection and procedures
- Maintenance
- Protective technology

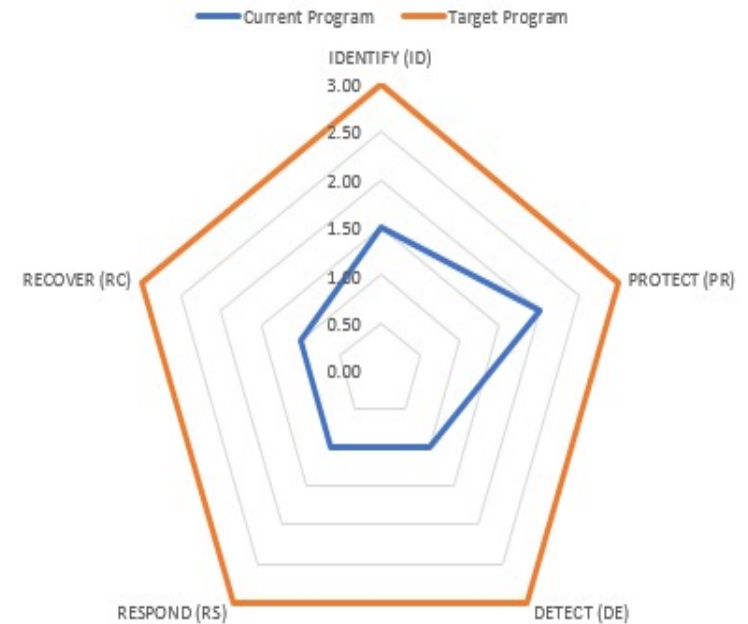
Cybersecurity Program Fundamentals

Summary of the Current State Assessment

Current State Assessment of NIST CSF Domains



Overall Cyber Program Score



Summary of the Cyber Program		Counts
Total number of security requirements from NIST CSF		98
Total number of domains in the cyber program		7
Total number of remediation activities in the cyber program plan		49
Total number of control designs		149

Priority	Term
Long Term	6
Medium Term	25
Short Term	18

Control Your Destiny

1. Identify Crown Jewels
2. Gain Visibility
3. Introduce Resiliency (p/t)
4. Nurture Awareness Culture (p)
5. Proactively manage business-risk

Limited budget?

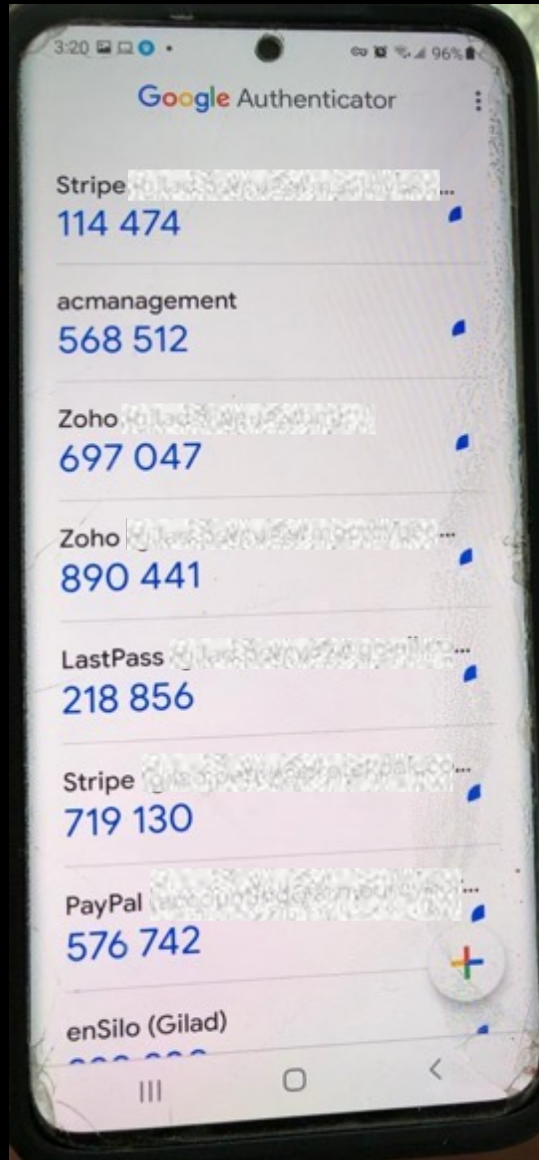
Use the **right tools** for the right job.

Control what's under your control.

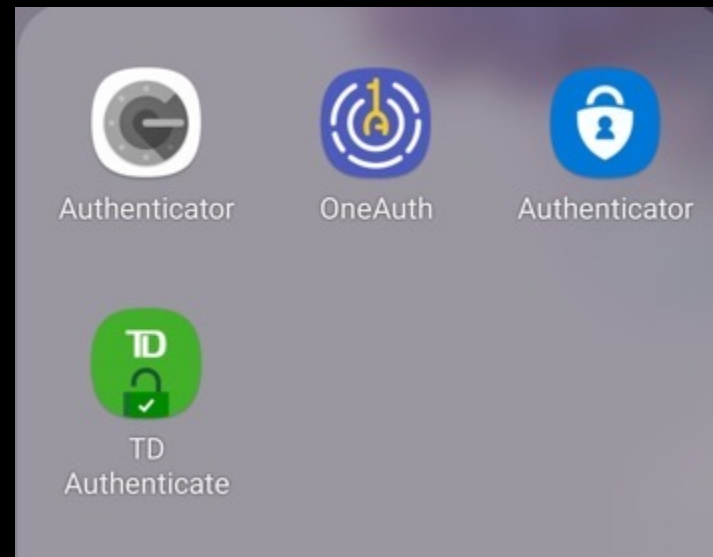
Set **configurations** right. Not Easy.

**Passwords are a big
problem.**

Multi Factor Authentication

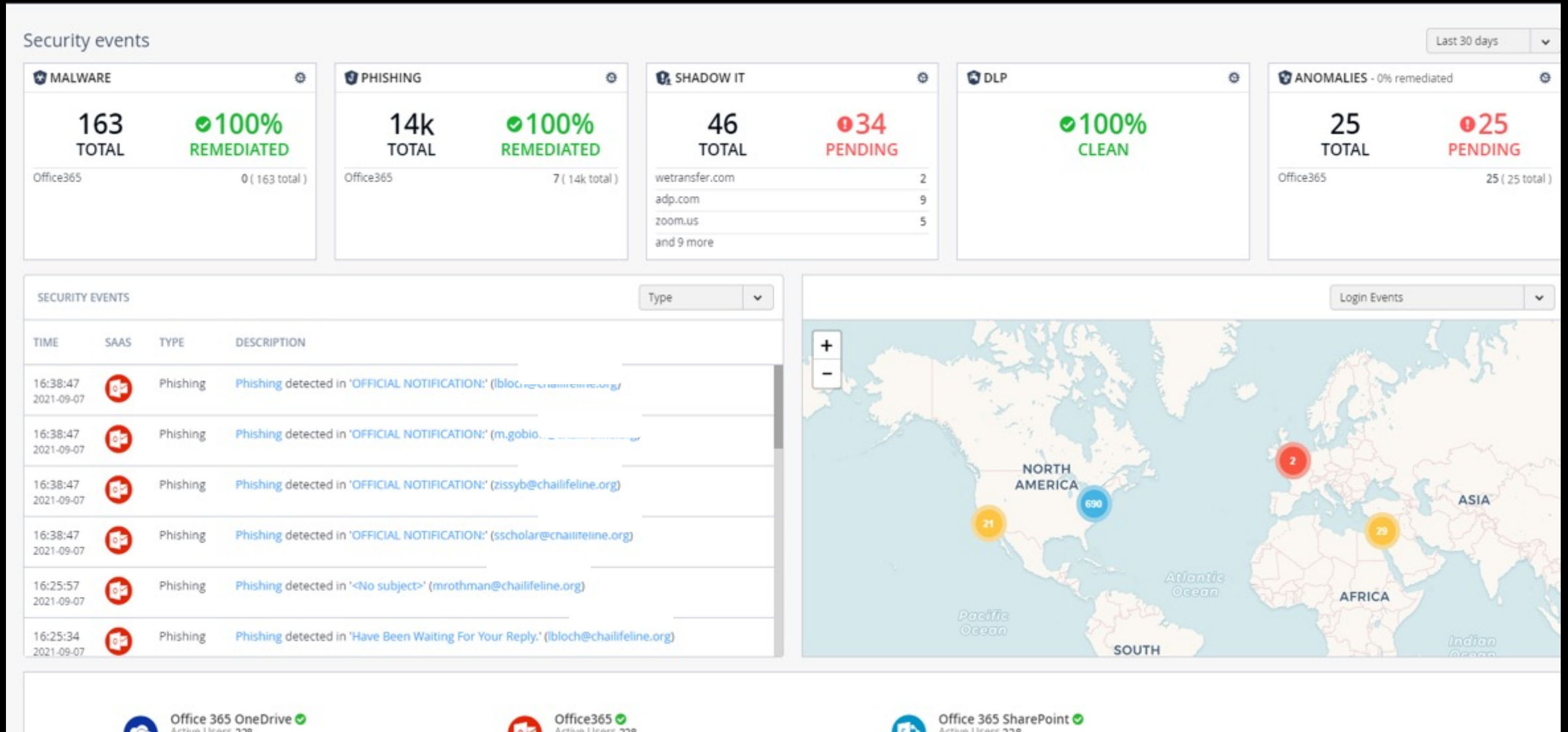


For critical accounts including email, financial, social media, health related accounts or any solution that supports it!



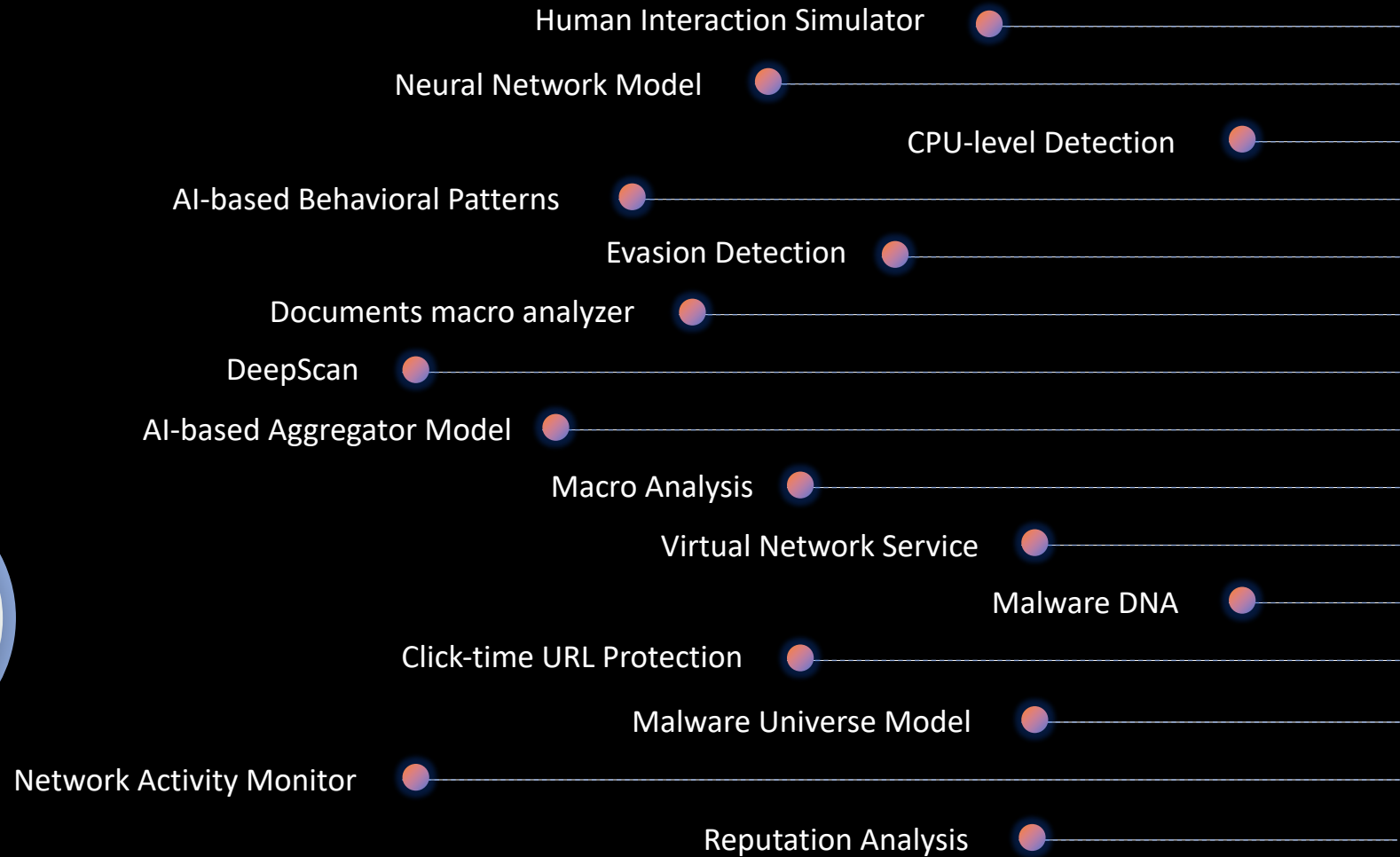
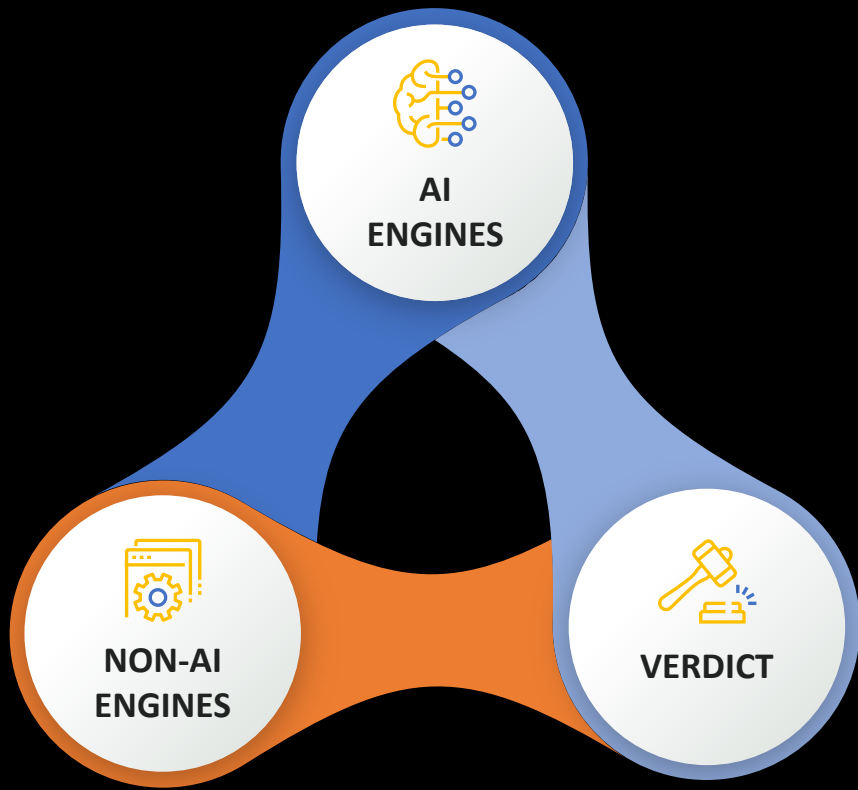
Email and productivity suites are wide open, and most commonly used.

Email and Productivity Suites Keeping Up With The Adversaries



Email and Productivity Suites

Keeping Up With The Adversaries



Traditional Anti-virus Protects Against Yesterday's Threats

End Point Detection and Response (EDR)

Block Malware Before It Infiltrates Your Organization

The screenshot displays the Fortinet console interface for event management. The top navigation bar includes 'EVENT VIEWER', 'FORENSICS', 'COMMUNICATION CONTROL', 'SECURITY SETTINGS', 'INVENTORY', and 'ADMINISTRATION'. The main content area is divided into two sections: 'EVENTS' and 'CLASSIFICATION DETAILS'.

EVENTS Table:

ID	DEVICE	PROCESS	CLASSIFICATION	DESTINATIONS	RECEIVED	LAST UPDATED
explorer.exe (13 events)						
4632952	DESKTOP-G26UA0E	explorer.exe	Malicious	Service Access	06-Oct-2020, 22:54:33	07-Oct-2020, 14:20:17
4632977	DESKTOP-G26UA0E	explorer.exe	Malicious	3 destinations	07-Oct-2020, 14:20:22	07-Oct-2020, 14:20:54
4621829	DESKTOP-G26UA0E	explorer.exe	Malicious	Service Access	06-Oct-2020, 22:54:33	07-Oct-2020, 09:03:22
4621854	DESKTOP-G26UA0E	explorer.exe	Malicious	3 destinations	06-Oct-2020, 22:54:40	07-Oct-2020, 09:05:57
4622041	DESKTOP-G26UA0E	explorer.exe	Malicious	File Delete Attempt	06-Oct-2020, 23:11:00	06-Oct-2020, 23:11:00
4501968	TINY2001	explorer.exe	Malicious	File Creation	05-Oct-2020, 08:36:17	05-Oct-2020, 08:55:26
4500376	TINY2001	explorer.exe	Malicious	3 destinations	05-Oct-2020, 08:33:07	05-Oct-2020, 08:38:16

CLASSIFICATION DETAILS:

Malicious runner

Threat name: Unknown
Threat family: Unknown
Threat type: Unknown

History

- Malicious, by FortinetCloudServices, on 05-Oct-2020, 08:48:51
 - Process ...OWB4explorer.exe with PID 14148 was terminated at device TINY2001 3 times
 - Process ...zoimsyipeyixw.exe with PID 4368 was terminated at device TINY2001 3 times

FORENSICS

EVENT GRAPH

Mobile is the new soft underbelly.

Mobile Security

SandBlast Mobile

NO THREATS

My Apps

99% Deep Analysis

APP ANALYSIS

INSTALLED APPS (577)

118	444	15
Play Apps	System Apps	Unknown Source

SECURITY HISTORY

3.1k	36
Versions Scanned	Malware Removed

RECENTLY SCANNED

Bell Bell I iD

SandBlast Mobile

WEEKLY SUMMARY
15 Jul. 2021 - 22 Jul. 2021

2 Threats Found

SITES

7384	0
URLs Scanned	URLs Blocked

NETWORKS

56	0
Network Scans	Network Threats Found

APPS

105	2
App Scans	App Threat Found

DEVICE

0
Device Threats

Samsung SM-G981W

SandBlast Mobile

NO THREATS

My Network

WiFi NETWORKS

Connected: Perry Wifi

36	0
Networks Scanned	Attacks Detected

NETWORK PROTECTION

Status: Active

7.5k	14
URLs Scanned	URLs Blocked

Last 24 hours

Uber Eats

Turning a Cyber Threat into a Cyber Treat

Armour Cybersecurity

Free Treat Box

Order now! Expires 1:30PM

Scanning...

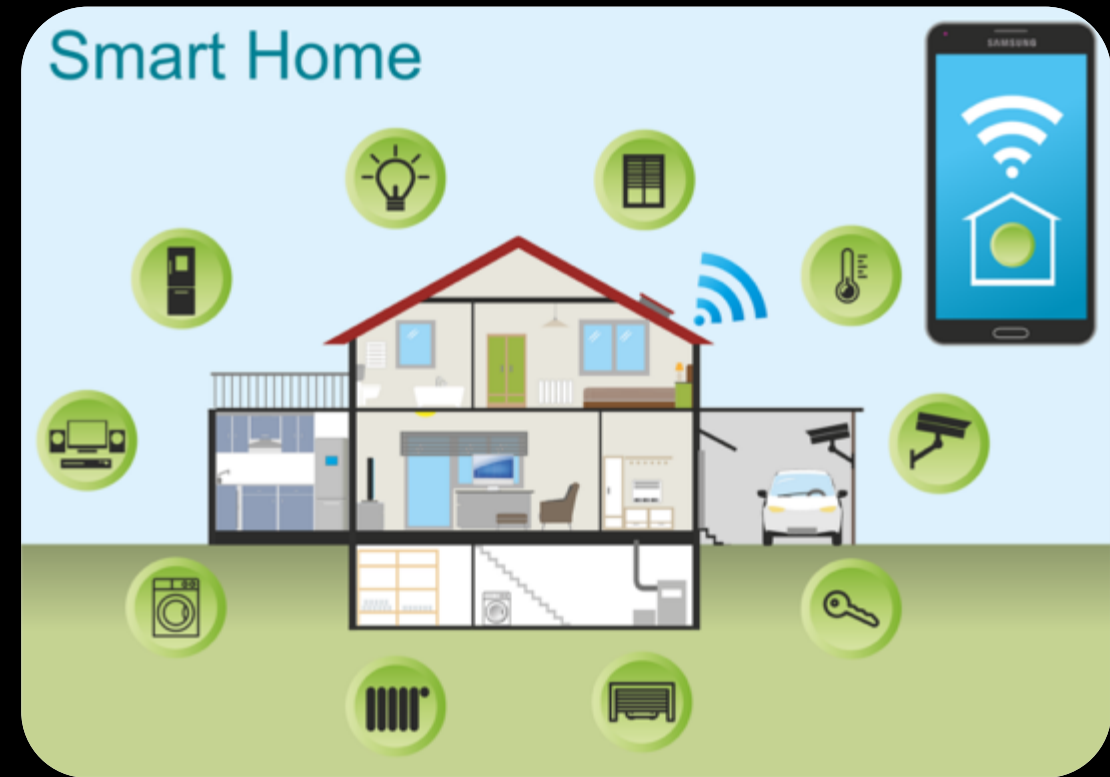
Address*

Suite # / Comments

armourcyber.io

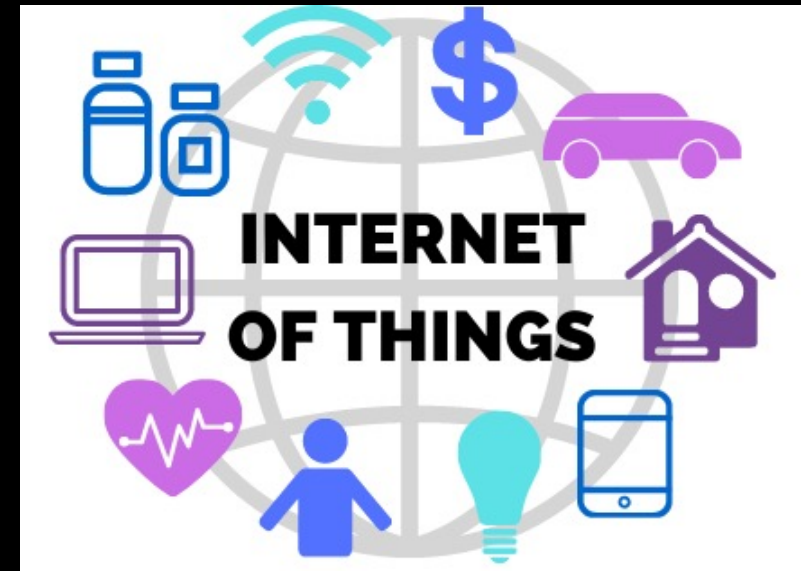
Cyber Attacks @WFH

- **Everyone** is working from home
- **Home environments** are typically insecure
- **Home automation** like Alexa and Google Home listen to all our conversations
- **Smart Devices** at more risk of being compromised
- If personal devices are compromised, it may be possible to get access to corporate data and resources



Secure Smart Devices

- **Change default Passwords**
- **Update all software**
- **Do not connect the device to the internet, unless necessary**
- **Review privacy settings**
- **Choose Minimal Viable Privacy**
- **Turn off data and analytics sharing**



Control The Under-controls

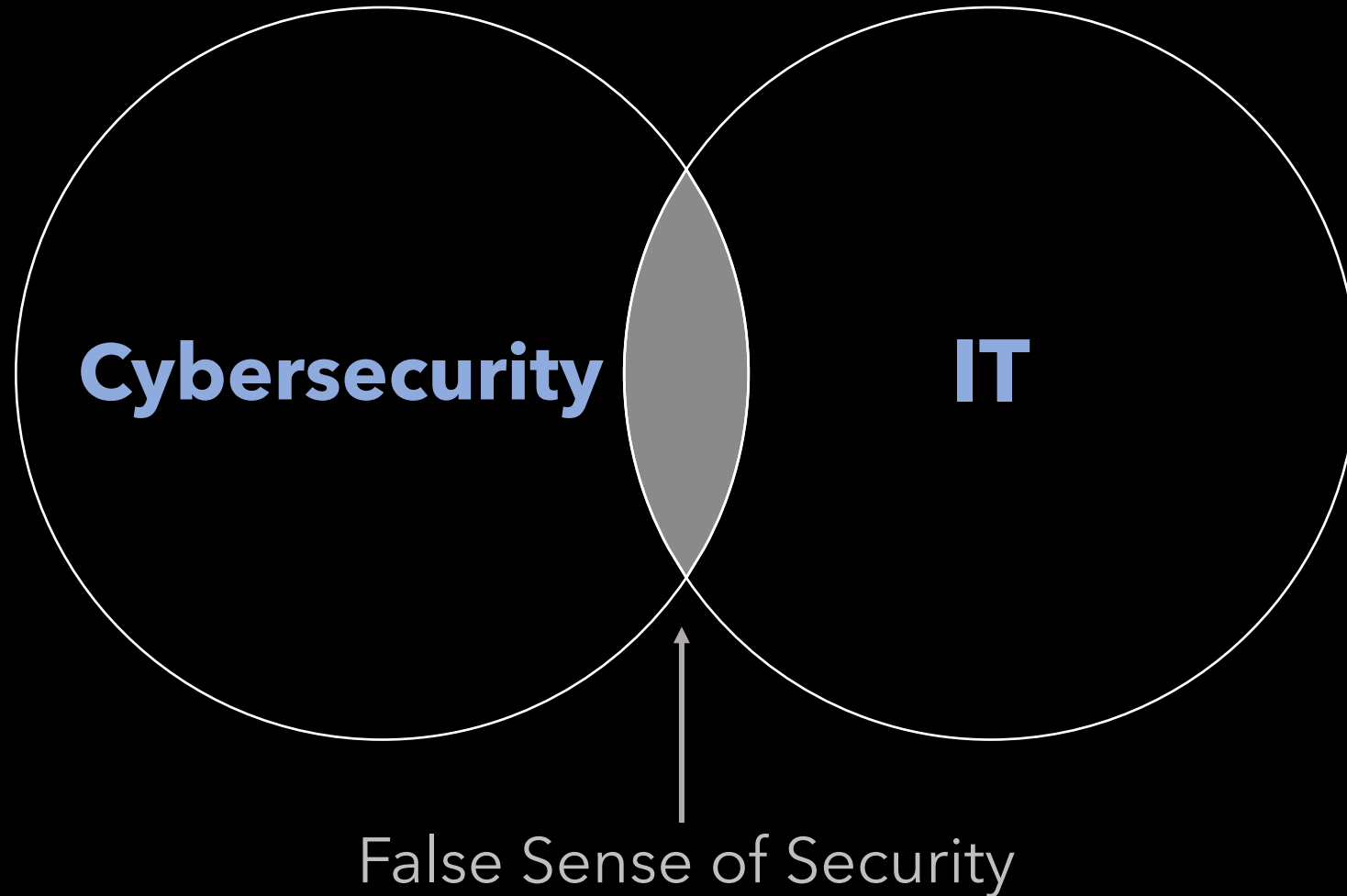
Easy To Do & Cost (almost) Nothing:

- ❑ **Think before you click** – don't click links or reply to suspicious emails. Check the address of the sender.
- ❑ Chose **passwords that are unique** and complicated. Always change **IoT default passwords**. Make it easy use a Password Generator.
- ❑ Set **multi factor authentication** on all key accounts.
- ❑ Apply all **software updates**.
- ❑ Have a ransomware proof **backup**. Follow 3-2-1. **Test** backup.
- ❑ Use the **right tools** to protect systems, communication and users.

Easy To Do & Cost (almost) Nothing:

- ❑ Use private and **protected Wi-Fi** connections.
- ❑ Assume your device listens to you 100% of the time - If you want **100% confidential meeting shut it down**. To be more specific disconnect desktop from electricity, laptop from electricity and battery.
- ❑ Prevent physical access to endpoints, servers, printers, network components.
- ❑ Ensure your staff is **constantly** cyber trained. Everyone has a role to play!
- ❑ Plan for the worst - Prepare Incident Response Plan
- ❑ Take our 5 minute online self-directed assessment for actionable recommendations

Work With Experts



Q & A

For You

Was your email breached?



www.armorcyber.io/email-check

For Your Business

5 minute organization security assessment



www.armorcyber.io/self-assess

Thank You

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